## Smart Wristband



User Manual





5. Sleep monitor display:

long press side button enter sleep monitor mode, under this mode, the wristband will collect your sleeping status and sleeping hours with low frequency long press side button to exit sleep mode



### 6. Alarm function:

Alarm will go off by the data you set on your mobile phone enter alarm mode press side button, Long press enter into sleep monitor mode,long press to exit



### 7. Call reminder

your wristband will vibrate until your pick up the phone, the screen shows back to the mode before the call.

# 1 Refer to user manual first

- (1) Please refer to user manual before using to avoid any unnecessary troubles.
- (2) The user manual based on tracker's default setting
- (3) Photo maybe not the completely same with real products, please urderstand
  (4) Take care of user manual for future
- (4) Take care of user manual for future maintenance

# ② Appearance Indication



#### How to wear

- 1. Wear the bracelet so the screen is facing you and as close to the outside of your wrist
- The buckle is placed above the buttonhole, and adjust its position, so that the elastic bracelet compatible with your wrist
- Using your thumb and index finger and hand ring buckle until you hear a slight clicking sound.
- If two buckle completely embedded buttonhole, then hand ring is fastened.

Note: If you encounter problems during wear, remove the bracelet from the wrist, feeling buckle fastened state, and then put on the bracelet again

### Record

- Walking Steps
- · Walking Distance

# 3 Accessories List

Host \* 1

Bracelet \*1

Charger \* 1

User manual \*1



## 4 Functions

- (1) Working volt: 3.0V
- (2) Pedometer Frequency: 0~93,999 pace/rate
- (3) Distance Display: 0~999.99 Km or 0~999.9Mile
- (4) Calories: 0~9999
- (5) Time:24-hour
- (6) Alarm clock: YES
- (7) Call Remind: Vibration remind
- (8) Data Storage: 7 days
- (9) Battery Detection: battery left detection
- Consumption of Calories
- · Sleep Time

Note: After displaying the time, then display the icon, then display the data. If you set the alarm, the display will show the alarm time.

# Using mobile devices to set up the alarm function:

Use Veryfit APP application mute alarm clock function, must open the smartphone's Bluetooth device First check your mobile device supports wireless synchronization with the bracelet.

- Set as follows:
- Open Veryfit application;
   Click on the menu button;
- Click the bracelet alarm;
- 4. Open the alarm mode;
- 5. Select the alarm time;

- (10) Bluetooth Transmission
- (11) Ultra low energy saving model: automatically enter 5 seconds without operating
- (12) Standby time: 14 days

# **⑤** Functions Categories

(1) Sports Tracker:

Calculate date on sleeping time/walking time/calories/distance/sporting time/others

(2) Calories Counter each day

Can record your daily calories burnt

(3) Sleeping tracker Sleeping time and quality (deep sleep and shallow sleep)

(4) Reminder: Alarm clock, call Application system iOS and Android system

 Based on your own preferences, click the check box, and select which days of the week using the repeat function alarm clock;

7. Click the Save button to complete the set alarm When you synchronize alarm bracelet Always make sure your phone device remains relatively close.

### Memory

Data from device can last at most for 7 days, you can see your past 7 days for step, calories, distance, and data for sleep.

# Stand-by time and recharging

There is rechargeable lithium battery inside. Generally, it can last 14 days for recharging if use with full battery. You can check battery percent on left top corner from App. When need to recharge, insert charging cable into USB interface on laptop, and connect another side with band charging interface.

### Operation Mode

Time mode

Step mode

Calories mode

Distance mode

Alarm mode

Enter sleep monitor mode

Each mode display:

1.Time display: Active with your personal phone



Default shows current time

Move to step pedometer display by press the side button Long press enter into sleep monitor mode,long press to exit

# Under humid environment

30 meter waterproof. Spilling proof, rain proof and perspiration proof. Not suitable for taking shower and swimming.

### Failure Analysis

- 1. Power light not On.
- 01. Make sure battery is installed correctly or not
- 2. Bluetooth can't search to the device
- 01. Check device is with power or not
- 02. Restart the phone Bluetooth.
- 03. Exit the APP and enter again into the application.
- 04. Restart the phone
- 3. Can't synchronize device with mobile app
- 01. Exit the APP and enter again into the application.
- 02. Check App is the latest version or not
- 03. Restart the phone.
- 04. Check device is with power cr not

Steps records: shows the total steps of your day, press side button move to distance mode lorg press enter into sleep monitor mode, long press to exit



 Calories display:shows calories consumption of your day enter calories mode press side button,
 Long press enter into sleep monitor mode,long press to exit



Distance display:shows your walking(running) distance of your dayerter distance mode press side button

Long press enter into sleep monitor mode,long press to exit



### FAQ

1. How to sync phone and device

Firstly, make sure that iOs/ Android Bluetooth is on. Enter Aop, click "Go to bind", enter "Select device" and select right device.

(In order to decrease power consumption, iOS will deconnect after 5 seconds.)

2. Why can not see data every morning?

Band can refresh data automatically daily at 00:00, so data will reset then.

# The instructions for the first time

1For Android, download and instal "Veryfit" from Google Play

(For Android 4.3 a nd above with Bluetooth 4.0)

2. For iOS, download and install " V e r y f i t " from

Apple Store

(For iOS 7.0 and above with Blue tooth 4.0)