

More features, all in wristband >>



After opening the app

1. Follow the steps below to activate the watch Bluetooth
2. Click "ALLOW"  
(shown on the right)
3. Watch will sync Date and Time

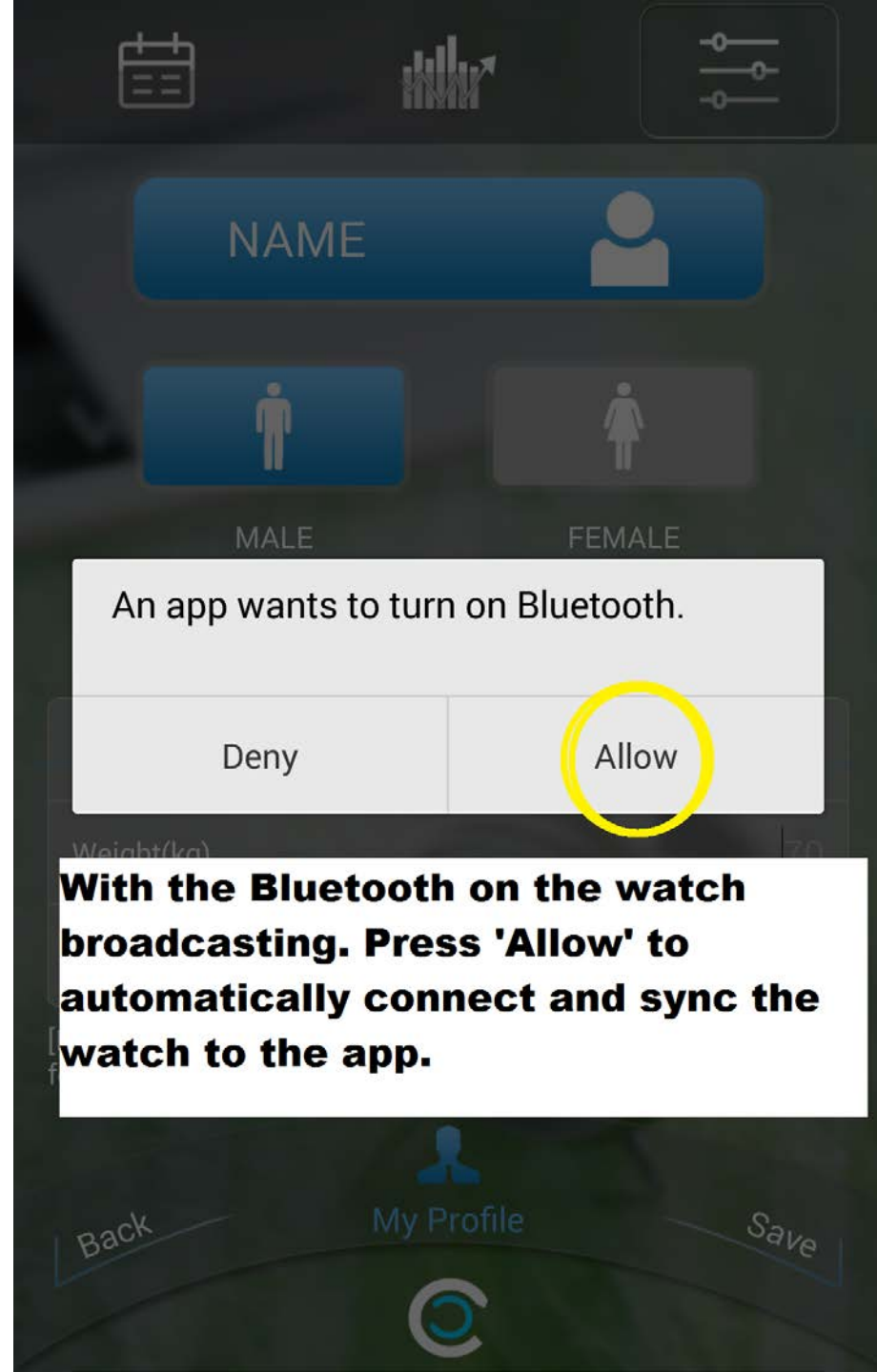
From the screen with the time and date press the button in the center to get to the this screen



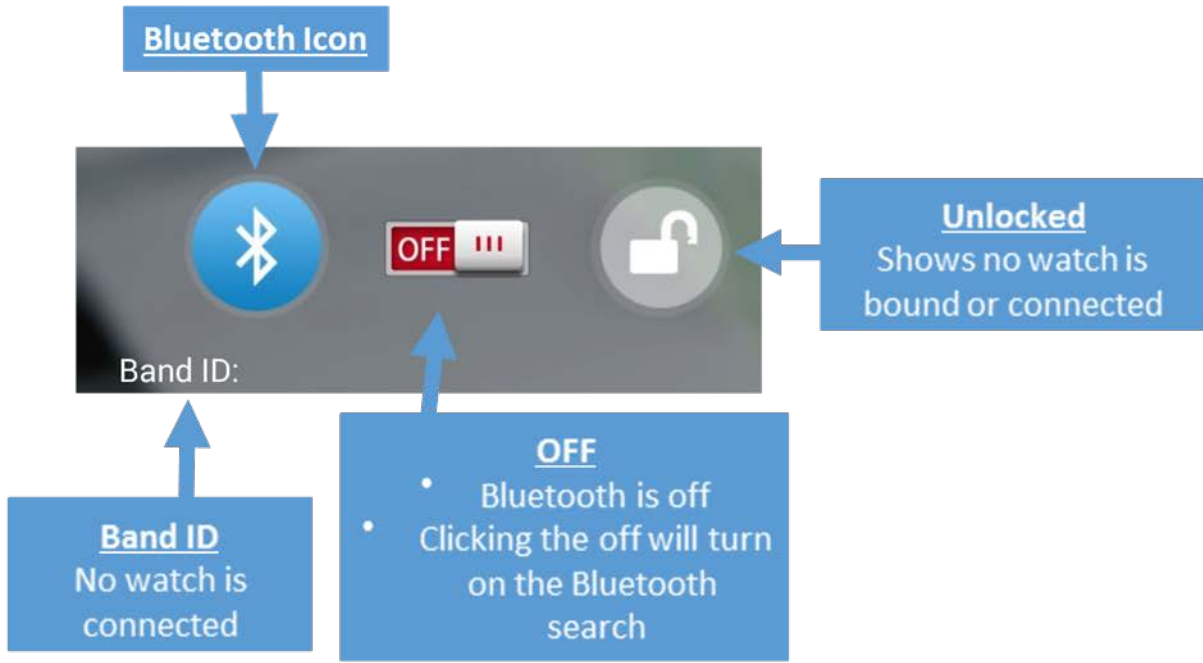
From the screen with the phone to bracelet screen press the button in the center to enter in to the screen below showing the broadcast sign and band ID.



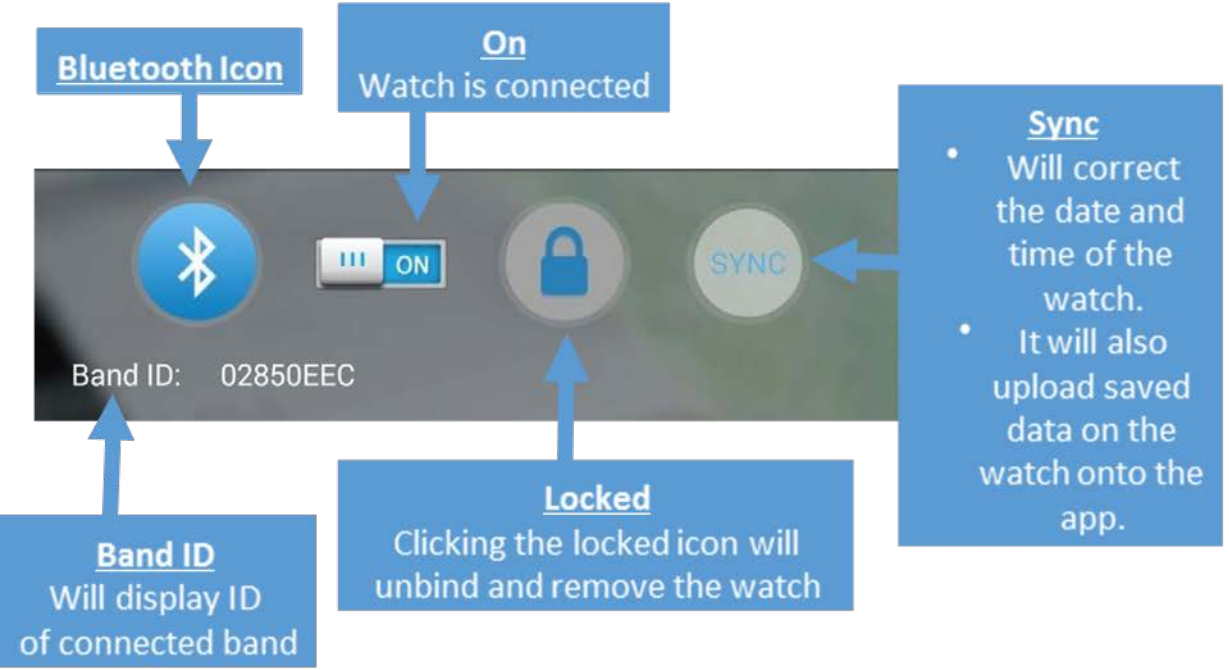
While on the screen with the band ID **PRESS THE BUTTON IN THE MIDDLE ONCE TO REMOVE THE LINE SEEN ACROSS THE BROADCAST SIGN** When the broadcast sign has no slash (as seen below) then the watch can connect to the Wristband App. The band ID will match the watch.



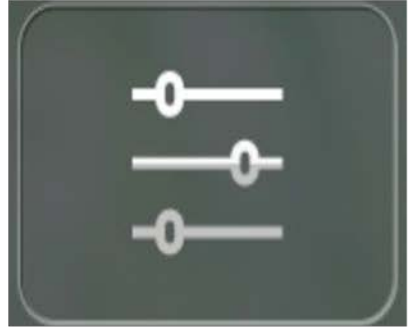
**With the Bluetooth on the watch broadcasting. Press 'Allow' to automatically connect and sync the watch to the app.**



**Daily Report:**  
Shows Daily Monthly and Yearly Data

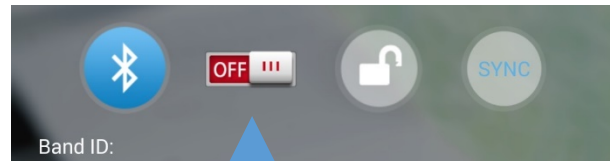


**Progress Screen:**  
Shows Calories, Steps and Sleep by date



**Settings:**  
Will open screen to change app and watch settings

## How to Connect



1. Click the "Off Bar" icon
2. App will attempt to connect to watch

3. When connected "Off" turns "On"



4. Band ID will appear when connected

5. The lock icon also turns blue and closes.

6. The sync button will share data between the watch and app
7. It also will sync the date and time from the phone to the watch

## Ghost Bind

1. If the lock sign is closed and no Band ID is shown then click on the lock



2. If the prompt to unbind appears then accept
3. Now the watch should bind if not possible before

## **\*\*Possible Troubleshooting\*\***

### My phone is requesting a pin to connect Bluetooth

- There is no pin. The wristband connects with the application

### How to set the time and date

- The time and date is set when you use the sync button in the app settings

### The wire that came in the box won't connect to the phone

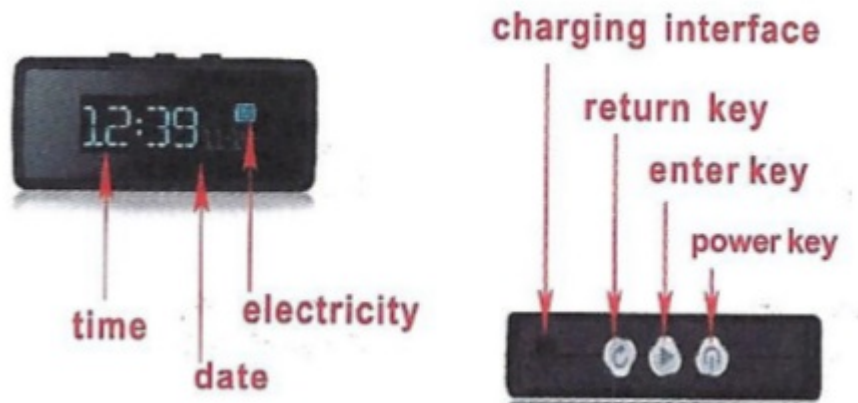
- The wire that comes in the wristband box is simply the charging cord

### How to upload progress onto the app


- The wristband can hold up to 15 days of data and to upload the data use the sync button in the settings screen of the app

### Watch disconnects when away from the phone

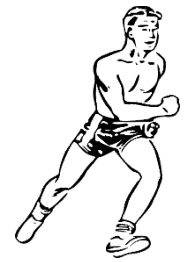
- The watch does not need to be connected to the phone 24/7, unless the user wants the smart alarm, remind and lost feature to be active.
- The Bluetooth disconnection and auto screen shutdown feature extends the daily battery life.










## Battery

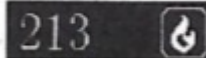
- This bracelet is using built in non-removable lithium battery.
- When the it appears as such  it is fully charged.
- It may last for up to 5 hours Bluetooth connected and 2 days disconnected.
- The wristband needs at least 2 hours for a full charge.

# Pedometer



1. From the connection screen  press the Power Key  to switch to the Steps Screen .
2. Press the Enter Key  when on the Steps Screen  to bring up the Pedometer Screen .
3. The Power Key  will change the screen.





Pedometer 

Calories 

Distance 

Goal 

## Reset Pedometer Counter

To reset the pedometer count press the Enter Key  3 times, Power Key  once, Return Key  once, and then Enter Key  3 times.

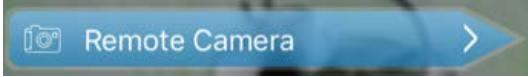




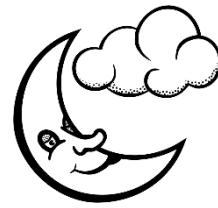
## Smart Alarm

1. In the App settings screen click on “Smart Alarm”.
2. Turn the alarm on.
3. Set the time and days of the week to have the alarm go off.
4. The wristband will alert the user of the alarm.



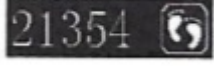


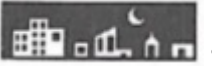

## Remote Camera

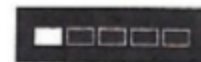


1. To take a photo using the bracelet as a remote make sure the watch is connected with Bluetooth.
2. Click the “Remote Camera”  in the settings section of the app.
3. The wristband will automatically jump to the  control interface.
4. Press the Enter Key  to take photos.
5. When exiting the Remote Camera screen on the app the wristband will automatically exit the control interface.

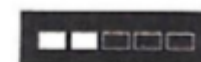


## Sleep Mode

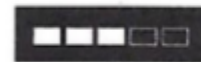
1. From the Connection Screen  press the Power Key  to switch to the Steps Screen  .
2. Press the Power Key  when on the Steps Screen  to bring up the Sleep Monitor Screen  .
3. The Power Key  will activate the sleep mode.
4. You can see your sleep status of last night the second morning, the following marks (in the image below) represent your sleep quality.



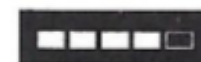
-- **Very Poor**



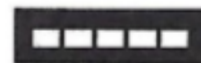
-- **Poor**



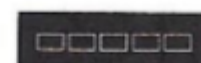
-- **Average**



-- **Good**



-- **Very Good**



-- **No Data**

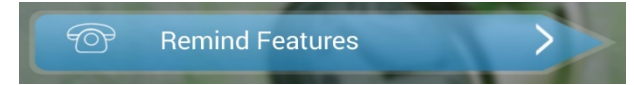


# Remind Features

**\*\*Requires Bluetooth Connection\*\***



1. In the App settings click on “Remind Features”
2. Turn on Call and Message Reminder
3. The wristband will alert the user when receiving a phone call or text.

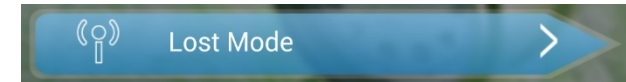


# Lost Feature

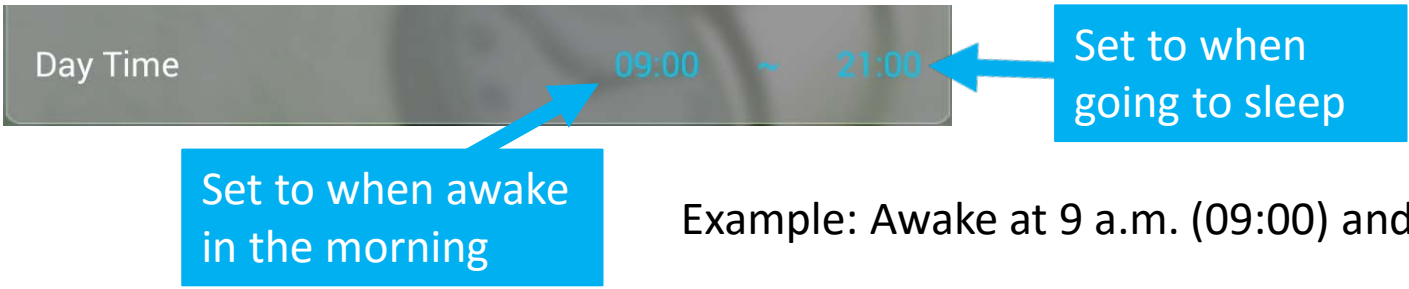
**\*\*Requires Bluetooth Connection\*\***



1. In the App settings click on “Lost Feature”
2. Turn on Band and Phone Reminder
3. These two options will alert both the band and phone if either is a set distance apart.  
{0 - 1.5m} no alert, {3.5 – 6.5m} Wristband alerts, {>6.6m} Phone Alerts.
4. On the app in the “Lost Feature” page scroll the screen up to view the distance between the wristband and phone.



# Day Time



Day Time 09:00 ~ 21:00

Set to when going to sleep

Set to when awake in the morning

Example: Awake at 9 a.m. (09:00) and asleep at 9 p.m. (21:00)

Click Imperial (will be highlighted blue) to change height and weight to pounds and inches



Metric Imperial

Height(cm)	175
Weight(kg)	70
Day Time	09:00 ~ 21:00

[Note: Beyond the 'Day Time' scope means the 'Night Time' for sleeping]

Back My Profile Save

Returns to previous screen

Will save any changes made